



# Living With and Understanding COVID-19

**Dr. Ché Bowen, Founder & CEO,  
MD Link Ltd.**

**Dr. Karen Webster-Kerr, Principal Medical  
Officer & National Epidemiologist,  
Ministry of Health & Wellness**

*Please pass on this resource to whomever might need it.*

November 5, 2020



# RESOURCES

## All You Need to Know About COVID-19 from the CDC

- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## All You Need to Know About COVID-19 from the World Health Organization

- [https://www.who.int/health-topics/coronavirus#tab=tab\\_1](https://www.who.int/health-topics/coronavirus#tab=tab_1)

## Jamaica's COVID-19 Status Updates (Cases, Recoveries, Deaths, Etc.)

- <https://www.moh.gov.jm/updates/coronavirus/covid-19-clinical-management-summary/>

## Dr. Ché Bowen, Founder & CEO of MD Link Ltd

- Contact MDLink – [info@mdlink.com](mailto:info@mdlink.com) | 876-547-537-8478
- See a doctor online – Anytime, Anywhere with MDLink
- Download the app “**MDLink Health**” on the Apple App Store or Google Play Store & Register for FREE to access Telemedicine Services
- Register for free on the website: [www.themdlink.com](http://www.themdlink.com) to access Telemedicine Services and the FREE COVID-19 Screening Tool, “MDLex”
- MDLink’s Medically Managed Sanitization Solutions: [www.sanimedja.com](http://www.sanimedja.com)
- For more information on MDLink:  
[https://drive.google.com/file/d/14zNOfe3qjSW6KC\\_ZkuPcTQQDuSCOvuf/view?usp=sharing](https://drive.google.com/file/d/14zNOfe3qjSW6KC_ZkuPcTQQDuSCOvuf/view?usp=sharing)



# RESOURCES

## **Jamaica's COVID-19 Hotline:**

- 1-888-ONE-LOVE (1-888-663-5683)

## **COVID-19 Resources & Protocols from the MoHW**

- <https://www.moh.gov.jm/covid-19-resources-and-protocols/>

## **COVID-19 Self-assessment Checklist for Workplaces, Public Facilities /Spaces**

- [https://www.moh.gov.jm/wp-content/uploads/2020/05/Self-Assessment-Checklist-for-Public-Facilities-and-Workplaces\\_COVID\\_19\\_edit.pdf](https://www.moh.gov.jm/wp-content/uploads/2020/05/Self-Assessment-Checklist-for-Public-Facilities-and-Workplaces_COVID_19_edit.pdf)

## **Interim Guidance for COVID-19 Recommendations for Infection, Prevention & Control for Employers**

- [https://www.moh.gov.jm/wp-content/uploads/2020/10/MOH\\_CORONAVIRUS\\_2020\\_b.pdf](https://www.moh.gov.jm/wp-content/uploads/2020/10/MOH_CORONAVIRUS_2020_b.pdf)

## **Approved Private Labs to Test for COVID-19**

- Carigen (UWI, Mona) - 876-935-8791
- Microlabs (Melmac Avenue & Island-wide Branches) - 876 926-6108
- Technological Solutions ( Red Hills Road) - 876-632-3245